Volunteer brings dignity to patient at the Lake

Steve Hoefer, patient care volunteer, spends his Sundays at Coastal Hospice at the Lake to find ways to brighten the lives of patients and their families.

“I’m always trying to think about what would make their lives better. What would make them happy,” Hoefer said.

Recently, Hoefer connected with a patient who was no longer able to speak or move his body below his neck. Communication between the patient and staff was becoming increasingly challenging. Hoefer spent some time thinking of this patient and decided to modify a pair of glasses by attaching a laser pointer to the frames so the patient could use the light to point to letters and words on a sheet so he could communicate with staff, family and friends.

The staff at the Lake typed up a sheet of his frequent requests. The first word he spelled was, “happy.” The patient and staff cried with joy.

“Steve is beyond amazing,” said Monique Welch, nurse manager at the Lake. “He has made such a difference in this man’s life. He is truly a blessing to our patient.”

Thank you for being our angels

The definition of an angel is someone of exemplary conduct or virtue. When you donate to our annual “Be an Angel” fundraiser, you are being an angel by helping us care for those who need it the most. Each year, from late November through mid-January, Coastal Hospice holds the annual “Be an Angel” campaign to support ongoing charity care. Donations provided to Coastal Hospice change the lives of our neighbors and loved ones. Charity care helps patients who have no resources for care or who have needs beyond their insurance coverage. In our last fiscal year, July 1, 2017-June 30, 2018, Coastal Hospice cared for more than 1,300 patients and families in the four Lower Eastern Shore counties.

Last year’s “Be an Angel” campaign raised about $110,000. We hope to raise this much or more this year. To participate in the campaign, individuals may provide a donation of any amount in exchange for an angel ornament. The angel ornament has a space to write the name of a loved one. Those recognized on the ornament do not need to be hospice patients. These ornaments serve as a tribute to those we’ve lost. They are lovingly placed on trees.
Q: What is the difference between comfort care and advance directives? Why are advance directives important?

A: Comfort care is an essential form of medical care provided at the end of life to soothe a person who is dying. The goals of comfort care are to manage symptoms and prevent or relieve suffering in order to improve one’s quality of life and retain the dying person’s wishes and dignity. Hospice is comfort care, without the intent to cure, because the natural dying process is permitted to occur while assuring maximum comfort. Comfort provided by hospice supports emotional, psychological and spiritual needs of the family.

Advance directives clearly communicate a person’s health care wishes to their family and medical providers, relieving relatives of the burden of deciding what their loved one would have wanted. Making one’s wishes known when still able to make decisions, and putting these in writing, is a great relief to one’s family. The advance directive document allows family members to know they are following what their loved one would have wanted including whether he or she wants certain aggressive treatments as well as what is not wanted.

If you consider developing advance directives, you may want to:
• Make sure your family is aware of your preference for burial or cremation, along with other details about your wishes. Selecting a funeral home will help with this process.
• Leave a will that clearly states how you want your property, possessions or other things in your care to be distributed. If possible, consult with an attorney who specializes in estate planning.
• Consider your home environment. What might help you stay in your home if your care needs increase?
• Talk to your family, friends and health care providers about beliefs and values that are important to you.

Advance directives also pinpoint who you would choose to make medical and financial decisions if you were unable to do so. You can change the directives as you age and your situation changes.

Giving Tuesday event offered first glimpse of Stansell House

Coastal Hospice President Alane K. Capen (far right) led staff and community members on tours of the Stansell House during a Giving Tuesday event on November 27. She is photographed here with Val Beckwith of Coastal Hospice and Gayle Widdowson, committee member.

Pam Watroba, Stansell House team leader, walked community members through the Stansell House. Visitors called the facility “beautiful” and “much needed” for the Lower Shore. The event raised approximately $6,000 for the project with more coming daily.

Pam Stansell, a namesake for the first hospice house of the Lower Shore, enjoyed walking through with Heather Duma, Coastal Hospice Director of Advancement. More than 100 community members toured the facility on November 27.

A Message from Capen  Continued from page 1

throughout the four Lower Shore counties. “Be an Angel” trees are located at the libraries in Cambridge, Crisfield, Princess Anne, Snow Hill, Pocomoke, Ocean Pines and Salisbury. Trees are also located at the Hurlock train station and the WMDT 47 News station. To receive an angel or make a donation, please call 410-742-8732 or visit our website at coastalhospice.org.

Thank you for being our angels. We at Coastal Hospice are guided by our mission and vision and strive to be careful stewards of our resources. Your investment in Coastal Hospice is well placed. Our staff are fully dedicated to serving our community and it is our privilege to serve you.
Veterans’ Day ceremonies across Shore honor local veterans

Coastal Hospice continued our annual Veterans Day tradition with ceremonies at Alice B. Tawes Nursing Home, Berlin Nursing Home, Signature HealthCare at Mallard Bay and Deer’s Head Hospital in Salisbury on November 9.

Speakers at the Deer’s Head service included State Senator Jim Mathias, Delegate Mary Beth Carozza, Salisbury Mayor Jake Day and Wicomico County Sheriff Mike Lewis.

James Upton and the choir from Salisbury Christian School provided patriotic music, and the General Levin Winder Chapter of the Daughters of the American Revolution brought gifts and handmade blankets.

The Hogs and Heroes Foundation Maryland Chapter 8 provided a special presentation for prisoners of war.

Thank you to all who participated especially the planning committee including the Coastal Hospice Veteran Volunteers Dave Duitscher, Jim Upton, Jim White and Steve Farrow.

Staff Service Awards

3 YEARS
Catherine Case
Jan Cunningham
Heather D’Aquila
Katie Eby
Christina Flamos
Nancy Hayward
Debra Huntzberry
Peggy Konopik
Marianne Mansfield
Nicole Moore
Barbara Shipley
Helena Tharp
David Trax

5 YEARS
Felicia Ellison
Robert Miller

10 YEARS
Faye Carter
Gail Mansell
Cheryl Yoder

15 YEARS
Karen Bailey
Rochelle Corbin
Susan Walsh
Valerie Beckwith
Howard Travers
Yvone Mason
Ruth Walker

HONORABLE MENTIONS
Susan Walsh - 18 years
Valerie Beckwith - 19 years
Howard Travers - 23 years
Yvone Mason - 26 years
Ruth Walker - 26 years

Welcome new staff:
Photograph - Front row: Karen Spanedda, RN - Access Team, and Rebecca Yelland, HR generalist. Back row: Phyllicia Smith, hospice aide for the Macky and Pam Stansell House of Coastal Hospice at the Ocean; Lauren Blair, provider relations associate; Savannah Bozeman, medical social worker; Shavonta Crandle, LPN - access facilitator; Beth Griffith, billing and collections specialist.

Save the Date: March 2

Mark your calendars for the second annual Coastal Hospice Quarter Auction to be held at 2 p.m. on Saturday, March 2 at the Pittsville Firehouse. Doors open at 1 p.m. Last year’s auction was a great success bringing in approximately 200 supporters and raising more than $8,000 for the Macky and Pam Stansell House of Coastal Hospice at the Ocean. The event is hosted by Coastal Hospice staff and is one of their efforts to raise funds for the Stansell House. Coastal Hospice employees have a goal of raising $30,000 for the project.

Another way to give: Amazon Smile

Already love Amazon? How about using AmazonSmile!

The same great Amazon you love but with .05% of the profits being automatically donated to us!

Support Coastal Hospice by starting your shopping at smile.amazon.com
FUNDRAISERS FOR THE MACKY & PAM STANSELL HOUSE OF COASTAL HOSPICE AT THE OCEAN

**Brews & Bites at Embers/Blu in November raises $9,800**

Sisters Amanda and Amy Buckley participated on the committee to plan the third annual Brews & Bites event at The Embers Restaurant in Ocean City on November 8.

**Blues on the Bay at Macky’s in September raises $30,000**

Susan Shockley and Del. Mary Beth Carozza enjoyed Blues on the Bay to support the Mucky and Pam Stansell House of Coastal Hospice at the Ocean.

Everett Spells entertained the crowd at Blues on the Bay.

Macky and Pam Stansell hosted 200 supporters during the 8th annual Blues on the Bay to benefit the first hospice house to serve the Lower Shore in early 2019. The event raised $30,000 for the Stansell House project. Coastal Hospice has raised $6.2 million through events, pledges and donations.

Thank you for the gifts we received from August through October 2018

**GIFTS TO THE MACKY & PAM STANSELL HOUSE AT COASTAL HOSPICE AT THE OCEAN**

**BUSINESSES**
7485 Main Street LLC
Bank of Ocean City
BMC
Exelon Corporation
John’s Auto Body Repair & Towing
Parkeel Corporation
Raymond James
RVT Plumbing, Inc.
Smucker Company
The Bank of Delmarva
Worcester County Commissioners

**CLUB**
Berlin Lions Club
Ocean City Elks Lodge #2645

**FOUNDATIONS**
The Bank of America Charitable Foundation, Inc.
Fidelity Charitable Gift Fund
Network For Good
Phyllis Vinyard Donor Advised Fund
Samuel R. & Evelyn O. Coffin Memorial Donor Advised Fund

**GIFTS IN KIND**
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**LEGACY**
Estate of Carol Williamson

**BLUES ON THE BAY**
Delmarva Irish American Club
Long Life Treated Wood, Inc.
Tio Gringos’ Inc.
Ms. Shirley A. Aycelotte

Cole Taustin, owner of The Embers Restaurant and chair of the Brews & Bites planning committee, enjoyed the night. He is photographed here with Mike and Maryanne Larson of Barn 34, one of several restaurant vendors at the event.
Thank you for the gifts we received from August through October 2018

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Mr. & Mrs. George Spicer
Mr. & Mrs. Todge Speichny
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**Ways to Give:**

Patients who have no resources for care or who have needs beyond their insurance coverage still need hospice services. We are still there for them. Patients always come first, and we will meet their needs with the support from our donors. If you would like to support the important mission of Coastal Hospice, you have a variety of ways to give ranging from bequests to monthly gifts.

Please contact the Advancement Department at 410-742-8732 to learn more about how you can help our patients and families through charitable giving, or go to: CoastalHospice.org/opportunities-for-giving/

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| Margaret Himes | Ms. Regina Prater |
| Nancy Himes | Mr. & Mrs. Teresa R. Calvins Ward |
| Rose A. Hinman | Mr. & Mrs. R. Calvin Ward |
| Stephen Holloway | Mr. & Mrs. Richard L. Bunting |
| Mrs. Karen K. Holloway | Mr. & Mrs. William D. Stevenson |
| Mrs. Nancy S. Wright | Mr. & Mrs. Neal M. Widdowson |
| Carolyn Horsey | Ms. Regina Prater |
| Wicomico High School Class of 1948 | Mr. & Mrs. Wesley D. Fegley |
| Howard Hudson | Mr. & Mrs. Leonard S. Jett |
| Eastern Shore Seagulls | Mr. & Mrs. Ronald H. Bealsurs |
| Mr. & Mrs. Stanley F. Baker | Mr. & Mrs. Charles R. Smith, III |
| Mr. & Mrs. Bill Hudson | Mr. & Mrs. Roger P. Richardson |
| Mr. & Mrs. Martin T. Neat | Mr. & Mrs. Robert N. Shockley |
| Jean Hurlock | Mr. & Mrs. Frank Stone |
| M. & Mrs. Michael H. Jones | Mr. & Mrs. Neal M. Widdowson |
| Mrs. Delores W. Tarpley | Mr. & Mrs. Neal M. Widdowson |
| Robert Hyson | Mr. & Mrs. Nancy S. Wright |
| Mrs. Patricia M. Strube | Mr. & Mrs. William B. Payne |
| Darrell D. Johnson, Sr. | Ms. Regina Prater |
| Cambridge High-Class of 1959 | Mr. & Mrs. James P. Doyle |
| The August & & Mrs. Lee B. Simmons | Ms. Regina Prater |
| Families | Mr. & Mrs. Robert H. Bealsurs |
| Jackie Jones | Mr. & Mrs. Robert H. Bealsurs |
| Mr. & Mrs. Harry E. Deitch | Mr. & Mrs. Charles R. Smith, III |
| Mrs. Julia C. Dickerson | Mr. & Mrs. Roger P. Richardson |
| Mr. & Mrs. Guy H. Goessler | Mr. & Mrs. William L. Gordy |
| Mr. & Mrs. William J. Goodman | James Granger |
| Mr. & Mrs. William L. Gordy | Ms. Alison M. Howe |
| James Granger | Mr. & Mrs. William B. Payne |
| Milton Lewis | Ms. Marian Thompson |
| The Delmarva Cooon Hunters | Mrs. Dorothy P. Thompson |
| Ms. Lori Peacock | Mrs. Deborah F. Ennis |
| Ms. Sarah E. Price | Wicomico High School Class of 1948 |
| Mr. & Mrs. Whitey C. Qualken | Mr. & Mrs. Charles R. Smith, III |
| Mr. & Mrs. Roger P. Richardson | Mr. & Mrs. William L. Gordy |
| Mr. & Mrs. Kraft H. Rompp | Mr. & Mrs. Robert C. Twilely Jr. |
| Mr. & Mrs. Thomas P. Schafer | Ms. Marian Thompson |
| Mrs. Bonnie Stockley | Mrs. Dorothy P. Thompson |
| Mr. Dean E. Taylor | Mr. & Mrs. Bruce J. Gibbs, Jr. |
| Mary Alyce Thomas | Mr. & Mrs. Robert C. Twilely Jr. |
| Mary D. Jones | Mr. & Mrs. William B. Payne |
| Mrs. & Mrs. Hartley W. Brittingham | Mr. & Mrs. Robert H. Bealsurs |
| Mary L. Jones | Mr. & Mrs. Robert W. Driscoll |
| Mr. & Mrs. Frank Kant, III | Mr. & Mrs. Robert H. Bealsurs |
| Mr. & Mrs. Gary L. Lewis, Sr. | Mr. & Mrs. Robert H. Bealsurs |
| Louis Kenney | Mr. & Mrs. Robert H. Bealsurs |
| American Legion Auxiliary Unit 64 | Mr. & Mrs. Robert H. Bealsurs |
| Mr. David Ditscher | Mr. & Mrs. Robert H. Bealsurs |
| Mrs. Carolyn O. Gruber | Mr. & Mrs. Robert H. Bealsurs |
| Avery “Mike” C. King | Mr. & Mrs. Robert H. Bealsurs |
| Mr. Paul A. Williams | Mr. & Mrs. William B. Payne |
| Diana Klick | Mr. & Mrs. William B. Payne |
| David J. Armstrong | Mr. & Mrs. William B. Payne |
| Mr. & Mrs. Gary F. Bercov | Mr. & Mrs. William B. Payne |
| Mr. & Mrs. Irvin Blair | Mr. & Mrs. William B. Payne |
| Mr. & Mrs. Gerald T. Carmene | Mr. & Mrs. William B. Payne |
| Mr. & Mrs. W. Walter Denny Jr. | Mr. & Mrs. William B. Payne |
| Eastern Shore Seagulls | Coastal Hospice, you have a variety of ways to give ranging from bequests to monthly gifts. |
| Coastal Hospice, you have a variety of ways to give ranging from bequests to monthly gifts. | Please contact the Advancement Department at 410-742-8732 to learn more about how you can help our patients and families through charitable giving, or go to: CoastalHospice.org/opportunities-for-giving/ |
Thank you for the gifts we received from August through October 2018

Community Comment:

“I want to thank everyone who helped my family during the passing of my mom. I cannot thank all of the folks I came in contact with. Their kindness helped us through a difficult time. Someone was always available to help and lend a hand if we needed anything during mom’s stay at Hospice on the Lake. The spiritual support was always available as well as provided continued support of any kind. Thank all of you for your love and help.”

Comment taken from survey about Coastal Hospice services.
These groups provide a time of respite and a safe place to express feelings in the grieving process. We offer these activities at no cost to any adult who has experienced the death of a loved one, even if they were not a patient of Coastal Hospice. For information, call 410-742-8732.

### Worcester County
**Support Group** – Thursdays at 11 am.
Ocean Pines Library, 11107 Cathell Rd., Ocean Pines

*Information ~ Nicole Long 443-614-6142*

**Lunch Social Group** – all at 1 p.m.
- Dec. 20 - Lighthouse Sound, 12723 St. Martins Neck Rd., Bishopville
- Jan. 17 - Fager’s Island, 201 60th St., Ocean City

*RSVP ~ Diana Pikulsky 410-641-6566*

### Dorchester County
**Support Group** – Mondays at 3 p.m.
Dorchester Co. Library, 1st Floor Waiting Area, 300 Byrn St., Cambridge

*Information ~ Marceline Brooks-Williams 443-859-1312*

### Wicomico County
**Support Group** – Fridays at 1 p.m.
MAC Center, 909 Progress Circle, Salisbury

*Information ~ Nicole Long 443-614-6142*

**Lunch Social Group** – all at 1 p.m.
- Dec. 12 - Red Lobster, The Centre at Salisbury, Salisbury
- Dec. 26 - Outback Steakhouse, 8245 Dicerson Lane, Salisbury
- Jan. 9 - Fratelli’s, 925 Snow Hill Rd., Salisbury
- Jan. 23 - Brew River, 503 W. Main St., Salisbury

*RSVP ~ Lynette Chase 410-901-2292*

### Somerset County
**Support Group** – Every 1st and 3rd Tuesday at 11 a.m.
Somerset Co. Library, 100 Collins St., Crisfield

*Information ~ Nicole Long 443-614-6142*

**NOTE: All lunch socials are “Dutch treat.”**