

Palliative Care

SPECIALIZED MEDICAL CARE
FOR PEOPLE
WITH SERIOUS ILLNESSES



*Comprehensive treatment
for the relief of
discomfort, symptoms and stress*

The Palliative Care team

Peninsula Regional Medical Center (PRMC) partnered in 2006 with Coastal Hospice & Palliative Care to improve the quality of life of patients with chronic, serious or life-limiting illnesses.

The team includes specialists trained in palliative care who provide a holistic approach, including counseling and guidance, for patients as well as their families and loved ones.

The Palliative Care service

INPATIENT CARE

When a patient is admitted to PRMC for care and treatment of any serious illness, the palliative team provides bedside service. Care is customized for every patient's and family's needs and concerns.

OUTPATIENT CARE

Palliative care is also offered to those with a cancer diagnosis, but who are not hospitalized, on an outpatient basis.

Outpatient palliative care is offered by appointment on Mondays from 1 to 4 p.m. at the Richard A. Henson Cancer Institute at PRMC.

What is Palliative Care?

Palliative care (pronounced pal'-lee-uh-tive) is specialized medical care for people with serious illnesses. It focuses on providing patients with relief from the symptoms, pain and stress of illness, whatever the diagnosis. The goal is to improve quality of life for both the patient and family.

Curative treatments for cancer and other diseases can cause symptoms such as pain, anxiety, nausea, fatigue and sleeplessness. Palliative care helps alleviate these symptoms, improves the patient's ability to tolerate medical treatments and offers the patient the strength to carry on with daily life.

Palliative care is a holistic, team approach that becomes an extra layer of support. Palliative care doctors, nurse practitioners, social workers and counselors partner with the patient's care team.

Care that focuses on you

When you have been diagnosed with a serious illness, you have a lot of questions. Not all of your concerns are medical, and your doctor has a limited amount of time to talk with you. The palliative care team understands and can take the time you need. We offer:

- Expert pain management and relief from distressing symptoms.
- A health care professional who can talk with you about your illness and treatment choices, with a focus on what matters most to you and your family.
- Emotional support for you and your family.
- For patients with cancer, follow-up outpatient visits at the Richard A. Henson Cancer Institute.



The earlier, the better

Any patient with serious illness can benefit from palliative care. During treatments, pain, stress and other symptoms can profoundly affect quality of life. The earlier palliative care begins, the better.

Palliative care is not the same as hospice care

Hospice care is meant for people who are no longer seeking curative treatments and who are in their final months of life. Palliative care is available anytime during a serious illness.



The palliative care team includes certified doctors, nurse practitioners, and social workers, and also pastoral counselors.

Covered by insurance

Palliative care is covered by most insurance plans, including Medicare and Medicaid. However, no one is denied care based on their inability to pay.

Receiving care is easy

If you're interested in palliative care, ask your doctor for a referral. Once we're called in, the palliative team will visit with you to learn what matters most to you and your family.

Inpatient Palliative Care
410-543-4716

Outpatient Palliative Care
410-912-2888

Outpatient service is located on the 2nd floor
of the Richard A. Henson Cancer Institute
at Peninsula Regional Medical Center
100 East Carroll Street
Salisbury, MD 21801

OUTPATIENT HOURS
Every Monday 1 - 4 p.m.
by appointment

EXCEPTIONAL HEALTHCARE. EXCEPTIONAL PEOPLE.



United Way
of the Lower Eastern Shore

